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HOW GAGA GOT HER GROOVE BACK

POP STAR SAYS WORKING WITH TONY BENNETT HELPED HER BOUNCE BACK AFTER SURGERY, SPLIT WITH MANAGER **PAGE 15**



UN meeting to focus on ISIS

General Assembly will work to reach consensus on how to deal with terrorists **PAGE 8**

A sweet match for arugula

Peppery green pairs perfectly with sweet potato in this protein-packed salad **PAGE 19**

Mini-schools funds revealed today: Sources

Short-term measures.

A third of Calgary's public schools are over 90 per cent full



JEREMY NOLAIS

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Premier Jim Prentice is expected to announce a funding package Monday that will pave the way for "mini-schools," modular classrooms and potentially some advanced design work in Calgary communities crying out for new schools.

The exact dollar commitment couldn't be confirmed by press time, but sources said the announcement was in direct relation to a \$43-million request from the Calgary Board of Education in June for a range of

short-term measures.

It also comes after Prentice met with frustrated parents in west-end communities this summer on the campaign trail.

Those parents could stand to benefit, as the board's proposal included a "mini-school" of 14 modular units in the West Springs area as well as the addition of at least six modulars at crammed Westgate School.

The plan also called for advanced design work on the proposed West Springs Middle School, which sits atop the board's capital infrastructure wish list.

Jan Waymark-Nicholson has been helping steer school advocacy efforts in West Springs and was among the parents that met with Prentice.

"He was listening and he seemed appalled," she said. "That was the part that truly resonated with us. It wasn't just

Twitter

For details from the 10 a.m. announcement, follow @Metro_Nolais



a political move; he truly just was horrified that we were displacing kids and putting them in three schools in four years."

That scenario concerns Westgate's Spanish-learning students, who, without modulars, would have been moved to Viscount Bennett Centre for a year while waiting for space at Glenmeadows School.

The CBE's proposal also included mini-schools in Saddle Ridge, Cranston and Aspen Woods. The board also hoped to undertake advanced design work on a requested southeast Calgary high school.



MORTAL IN MONTREAL

The Alouettes' James Rodgers is pulled down by the Stampeders' Jamar Wall in Montreal on Sunday. This season the Stamps have been the best in the West — a division in which every team has a better record than every team in the CFL East — but the hometown Alouettes managed to pull off a victory against their seemingly unstoppable opponents. Story, page 21. GRAHAM HUGHES/THE CANADIAN PRESS



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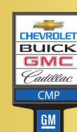
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FIVE THINGS YOU NEED TO KNOW TODAY

1

LITTLE KIDS, BIG HEARTS

Five hundred kids helped raise \$473,000 for the Alberta Children's Hospital Foundation this year, and their efforts were celebrated at Calaway Park Sunday at the Kids Helping Kids celebration.

2

COUGAR-KILLING REVIEW

Alberta's justice minister has ordered a review into the shooting of a cougar near Calgary's South Health Campus. Jonathan Denis says he's no expert on how the situation should have been handled, but wants a full review.

3

BACK TO SCHOOL

It's back to the books — finally — for half a million students in British Columbia after a bitter teachers' strike that claimed the first three weeks of the new school year.

4

CIVIL-RIGHTS ISSUE

Civil-rights activists say Citizenship and Immigration Canada isn't doing enough to prevent potential abuses of its plan to revoke passports of those suspected of joining terror groups.

5

NEIGHBORS OUT ON DVD TUESDAY

The DVD/Blu-ray release of *Neighbors*, starring Seth Rogen and Zac Efron, is out Tuesday. If you missed it in theatres, be sure to pick it up tomorrow.

Councillors show support for modified secondary-suite plan

But vote delay expected. With key supporter absent from Monday meeting, motion may be put off until November



Joe Magliocca, seen here being sworn in as a councillor in October 2013, says he would support a plan to legalize secondary suites in four inner-city wards and near LRT stations, but not BRT stops. ROBSON FLETCHER/METRO

At least eight of 15 city councillors have now publicly expressed support for legalizing secondary suites across wide swaths of Calgary in some capacity, but not all eight will be at Monday's council meeting, when the issue is back on the agenda.

Coun. Shane Keating and Coun. Joe Magliocca each expressed conditional support Sunday for a proposal to draft a bylaw that would legalize suites in four inner-city wards, provided there were changes to the component of the plan that calls for legalized suites near rapid-transit stops city-wide.

Keating said he's "a little hesitant" about that part of the proposal, which recommends

legalizing suites within 600 metres of major transit stops — both LRT and BRT (bus rapid transit) — as he wouldn't support forcing secondary suites into an area against the will of local residents.

As for broadly legalizing suites in Wards 7, 8, 9 and 11, Keating said: "I trust that the area councillor is in tune with

what the residents want."

Magliocca, meanwhile, said he would support the proposal if it were amended to include the four inner-city wards and a radius of "500 to 600 metres" around LRT stations only — but not BRT stops.

In that case, Magliocca said: "I would support it."

Coun. Diane Colley-Ur-

quhart, an opponent of secondary suites in the past, has recently shifted her position in light of what she describes as overwhelming evidence supporting their large-scale legalization.

Between those three suburban councillors and the five sponsors of the motion (the four inner-city councillors and

Mayor Naheed Nenshi), it appears a majority of council is now at least conditionally supportive of an amended plan.

Coun. Druh Farrell, who represents the largely urban Ward 7, originally introduced the motion in June but then asked to put it off until the Sept. 22 meeting of council, to give councillors more time to consult with their constituents.

Ward 11 Coun. Brian Pincott, however, is travelling to Haiti as part of a project with the Federation of Canadian Municipalities, and won't be in attendance at Monday's council meeting, when the vote is set to take place.

On Sunday, Ward 9 Coun. Gian Carlo Carra said the motion will likely be delayed again.

"I expect secondary suites to get tabled until November," he said. "I understand that Druh is going to ask to table it one more time."

Farrell could not be reached for comment Sunday.

ROBSON FLETCHER/METRO
WITH FILES FROM JEREMY NOLAIS

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Councillors favour phased approach to releasing nearly 400 taxi plates

More taxis. More data, impact on current drivers needed before major fleet boost, suggest councillors



JEREMY NOLAS

jeremy.nolas@metronews.ca

City councillors appear keen to have more cabs on Calgary streets, but nearly all of those reached for comment Sunday slammed on the brakes when asked about an immediate release of about 400 additional plates.

The recommendation for the top-end hike in number of cabs, due to be debated in council chambers Monday, comes straight from city livery officials, who say it's part of a larger plan to improve peak-hour weekend service, a common source of customer complaints.

If approved, the recommended 383 new vehicles would represent a 25 per cent growth

of the city's fleet and be the single largest addition since the number of cabs on city streets was capped in the mid-1980s.

But councillors were quick to advocate for more measured increases Sunday, as some cabbies have gone public with claims in recent weeks that the proposed hike would flood the market and cut into their earnings by as much as 20 per cent.

By the numbers

1,909

Adding 383 cabs to Calgary streets would bring the total fleet size to 1,909.

Of those reached Sunday, only Coun. Diane Colley-Urquhart advocated for the immediate roll out. Even then, she said, it's her understanding that such a process would take six months.

"The citizens want more taxis," she said. "As for the blowback from the drivers on the other side that they can't make a living with more li-

cences, well, we wouldn't have gotten ourselves into this mess had people (cabbies) been driving from midnight to 7 a.m. and trying to make a living at those hours."

Coun. Ward Sutherland said he prefers a guaranteed addition of two-thirds of the vehicles in two phases and then a reassessment of service before approving the final group of cabs for service.

Like Sutherland, Ward 12 representative Shane Keating as well as Ward 4 newcomer Sean Chu advocated for phased releases of the highly coveted plates. Coun. Gian-Carlo Carra, meanwhile, said he wants to add a requirement that all new cabs be hybrid vehicles, a move he says is both green-friendly for the city and will slow the introduction of the vehicles to city streets.

But Ward 2 Coun. Joe Magliocca echoed a similar sentiment Sunday and said he's more inclined to support the addition of 61 plates advocated for by the Taxi Limousine Advisory Committee, which is made



City officials are pushing to add nearly 400 more taxis to city streets in a bid to better serve crowds of customers during weekend evenings. METRO FILE

up of both industry representatives and independent stakeholders. Magliocca said he's received "close to 300-400 emails" from concerned drivers.

"I've met with them, I was with them and, yeah, I think they're right, I don't think we have a shortage of cabs," he said. "It's maybe our dispatch

system, how it's operated. Maybe we should look at a centralized dispatch system; I have no idea."

WITH FILES FROM ROBSON FLETCHER

Albertans scared to 'offend' oil industry, march organizers say



A crowd of more than 300 people gathered at Olympic Plaza Sunday for Calgary's version of the worldwide People's Climate March. ROBSON FLETCHER/METRO

As hundreds of thousands of people marched worldwide to call for action on climate change, Albertans remained largely frightened to speak out against the oil industry, according to organizers of a relatively small rally in Calgary.

Slightly more than 300 people gathered at Olympic Plaza Sunday afternoon for Calgary's version of the People's Climate March, an event that attracted thou-

sands in Toronto and tens of thousands in places like London, Sydney, and New York.

David Swann, the Liberal MLA for Calgary-Mountain View, said many Albertans are concerned about climate change, but scared of potential repercussions if they publicly criticize the oil industry.

"There's so much fear in the province, doctors won't even be quoted in the media," he said. "Social workers, teachers — everybody is afraid

to offend the body that feeds us, or so we believe."

Alberta Green Party leader Janet Keeping said people are "scared to death" of speaking publicly and many are reluctant to even raise the topic among friends.

"That is the primary challenge each and every one of us here faces — to engage with the people who aren't here," she said.

"They're not here because they couldn't be, but

because they're fearful of appearing in public and aligning themselves with this climate-change and reduce-the-greenhouse-gas-emissions movement," Keeping added.

Organizers described the global event as "the largest climate march in history," with more than 2,800 rallies in 166 countries across the world.

On Tuesday, 120 world leaders are set to gather for a United Nations Climate Summit in New York. ROBSON FLETCHER/METRO

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Teachers, board at odds on new tests

Education. Teachers' association president says new pilot program will amount to 'watered down' PATs



JEREMY NOLA
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In a week's time, Grade 3 students in Alberta will flock online to answer questions gauging their literacy and numeracy skills as part of a pilot program that aims to swing student assessment away from the controversial — and longstanding — provincial achievement tests (PATs).

But the Alberta Teachers' Association, while it applauds the move of diagnostic assessment to start off the school year, has concerns that the online tests, known formally as Student Learning Assessments (SLAs), will amount to little more than "watered-down" PATs. President Mark Ramsankar noted that, in a presentation circulating among school boards and post-

Literacy and numeracy

42,000

The province says it posted 15 sample literacy questions online as well as 10 gauging student numeracy in the spring. Those questions have been accessed 42,000 times to date.

ed online, the province says it plans to report the results of the new-model SLAs to the general public, starting in 2016-17 for Grade 3 students and then in 2017-18 for students in Grade 6 and Grade 9.

Results from the PATs have long been used by the Fraser Institute to produce its controversial ranking of schools in Alberta, and Ramsankar said he fears of a similar use with the SLA results. He said that misses the point of the new program altogether.

"It's to help the teacher program for the students' individual needs," he said. "Misuse of data or the interpretation that this is some sort of test or assessment that can be used as a measuring tool, that's a great

concern for us."

The SLA Grade 3 pilot will span two years and run an initial testing period from Sept. 29 to Oct. 10. Next year, that timeline will "ramp up" with testing beginning Sept. 21 and running until Oct. 2, according to the province's online presentation. The pilot programs for the older students will run one year.

Calgary Board of Education trustee and mother Trina Hurdman said she's eager for her daughter, who's in Grade 3, to try the SLA. "I am looking forward to having that information at the beginning of the year to see if there's some gaps that I or the teachers haven't caught yet," she said.

But Ramsankar said there's also concerns with the "straight delivery" of the digital test.

"It's about the mechanical use of something like a keyboard," he said. "We're talking about young children, at Grade 3 what's their exposure to technology? Are they going to be wrestling with the technology? Would that interfere with their performance?"

Hurdman said the concern



Students in grades 3, 6 and 9 will crack open computers to complete Student Learning Assessments near the start of the fall school semester. METRO FILE

was "valid," but added: "This is why it's a pilot program and we're going to have to work through all those kinks."

As well, teachers will have the opportunity to provide feedback on the new format and "detailed reports" will be

provided to instructors, administrators, parents and school authorities involved with the pilot program.

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U of C's electric superbike impresses at eMotoRacing

University of Calgary students put their custom-built electric motorbike to the test against some top-notch talent on the eMotoRacing circuit in Utah earlier this month — an experience they plan to build on over the winter.

"Even though we placed second-last, we were pretty proud of it," said Annie Nguyen, vice-president of logistics for Team ZEUS, a group of students that retrofitted a 2004 Suzuki GSXR 600 to run completely on electricity.

With U of C alumnus Tim Johnson as their rider, the team entered the ninth annual Bonneville GP at Miller Motorsports Park in Tooele, Utah.

"We were the only university team down there," Nguyen said, adding that the team was up against professionals "with money and resources."

The team turned some heads down south, too.

"These enthusiastic engineering club members were pleased to meet all their challenges, finish both races, and enjoy the



Tim Johnson rides The Zephyr at Miller Motorsports Park in Tooele, Utah. COURTESY TEAM ZEUS

spectacle of this AHRMA (American Historic Racing Motorcycle Association) sanctioned racing event," Arthur Kowitz of eMotoRacing.com wrote on the organization's blog.

The team's bike, named "The Zephyr," reached speeds of 130 km/h during the race, Nguyen said, and topped out as high as 160 km/h during dyno testing.

Team ZEUS now plans to go back to the drawing board with a new bike.

The students are working on a new design of their own, which Nguyen said will offer advantages they didn't have when modifying an old, gasoline-powered bike.

"This time we really want to build it literally from the ground up," she said.

ROBSON FLETCHER/METRO

Animal rescue group aims to help storm-hit Mexico shelter

Hurricane Odile.
Devastating storm the strongest in decades



JEREMY NOLAÏS
jeremy.nolaïs@metronews.ca

Organizers with a Calgary animal rescue group say they're doing everything they can to help a group of Mexican peers who are caught up in the aftermath of a devastating hurricane.

It was one week ago that Hurricane Odile made landfall near Cabo San Lucas, carrying intense winds and rain unlike any seen in the region since the late 1960s, according to the U.S. National Hurricane Centre.

The storm displaced thousands and left many Canadians on vacation in the popular tourist region to hop on "mercy flights" bound back to their hometowns, the last of which arrived in Calgary Friday night.

Among the chaos, the shelter run by the Los Cabos Humane Society has been de-

stroyed, according to Carmen Elaraj, president of Calgary's Fur-ever Homes Rescue Society.

She said the shelter had been racing to foster its animals out ahead of the storm but was still caring for between 50-100 when Odile made landfall.

"It was horrific ... they lost all of the roofs, the emergency generators have run out, they're asking for propane, which is in short supply," Elaraj said. "There's no water — the city's turned the water off — there's no electricity. Most of the people that work in the shelter are low-income, so they've lost their homes and are now staying in the shelter with their family."

Fur-ever Homes Rescue Society has worked closely with the Los Cabos group for three years, finding new homes for about 100 of its animals, Elaraj said.

Now, she plans to hop on a plane and head down to assist Oct. 9. She also owns property in the area and has allowed staff with the shelter to stop by and take supplies as needed.



Damage in Los Cabos was extensive after Hurricane Odile pummelled the region last week. COURTESY LOS CABOS HUMANE SOCIETY

For the second time

Anders loses Tory nomination

In the end he never even showed up to hear the final results.

Controversial Alberta MP Rob Anders has failed in his second attempt at a new political life, losing the Conservative nomination in a rural riding east of Calgary.

Anders was seeking the Conservative nomination in

the new riding of Bow River, a largely rural area which covers a large swath of southern Alberta east of Calgary including Strathmore, Brooks, Taber and Vauxhall.

His decision comes after losing a bitterly fought battle in Calgary Signal Hill, which takes in a large part of the constituency of Calgary West that Anders represented for 17 years.

Anders received permission to run for a second nom-

ination, saying there was still a lot of work to do in Ottawa including personal property and gun rights, cutting taxes and "family values that need to be fought for."

Anders was spotted outside the hotel where the voting took place Saturday morning but by the time the dust had settled he was nowhere to be found.

The winner was Martin Shields, the mayor of the City of Brooks. **THE CANADIAN PRESS**



Rob Anders THE CANADIAN PRESS

"It was a new country but it very quickly felt like home."

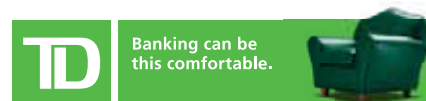


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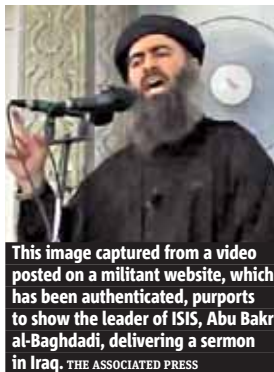
UN meeting to focus on consensus for fighting against ISIS

'Horrendous violence.'

Secretary-General Ban Ki-moon says he hopes the General Assembly will lead to consensus in fight against ISIS

A brutal terrorist organization that calls itself a state but lacks recognition from any government will take centre stage when more than 140 heads of state and government convene for the annual ministerial meeting of the UN General Assembly this week.

The head of the so-called Islamic State of Iraq and al-Sham (ISIS), a man called Abu Bakr al-Baghdadi, has not been invited. But the danger posed by the extremists will be the overriding theme.



This image captured from a video posted on a militant website, which has been authenticated, purports to show the leader of ISIS, Abu Bakr al-Baghdadi, delivering a sermon in Iraq. THE ASSOCIATED PRESS

"Together, we will address the horrendous violence in Syria and Iraq, where conflict and governance failures have provided a breeding ground for extremist groups," UN Secretary-General Ban Ki-moon said.

With world leaders grappling to stitch together a coalition

and plan of action, Ban said he hopes the General Assembly session will help produce an international consensus to act against the extremist group.

U.S. President Barack Obama will lead a summit meeting of the Security Council to focus on one aspect of the threat — foreign terrorist fighters. A draft resolution expected to be adopted by the 15-member council would require all countries to prevent the recruitment and transport of would-be foreign fighters preparing to join terrorist groups such as ISIS.

It would require the 193 UN member states to ensure that domestic laws and regulations punish nationals who travel — or attempt to travel — to another country to plan or carry out terrorist acts, and it threatens sanctions against recruiters and financiers for al-Qaida-associated groups. THE ASSOCIATED PRESS



Kenya commemorates Westgate Mall attack

Gloria, 4, centre, whose father Christopher Chewa was killed in the Westgate Mall attack, wipes the tears from the eyes of her mother Faith Njoki as they hug, on Sunday. Her baby brother Edwin, 1, left, is held by a relative, after joining other families of the victims to lay flowers and remember at the Amani Garden memorial site in the Karura Forest in Nairobi. Kenya is marking one year since four gunmen stormed the upscale Westgate Mall in Nairobi, killing 67 people. A memorial plaque with the names of the victims was unveiled at the popular forest on the edge of the city. Families laid flowers for their lost loved ones, sharing memories and tears. BEN CURTIS/THE ASSOCIATED PRESS

Fighting Ebola

Sierra Leone reaches end of Ebola lockdown

Frustrated residents complained of food shortages in some neighbourhoods of Sierra Leone's capital on Sunday as the country reached final day of a lockdown designed to combat the Ebola virus, volunteers said. Sierra Leone's government was hoping the lockdown would turn the tide against the disease.

THE ASSOCIATED PRESS

Veteran

Man who scaled White House fence identified

The man accused of getting inside the White House after scaling a fence is a veteran who was awarded a medal for his service in Iraq and retired due to disability, the Army said Sunday.

Authorities have identified the intruder from Friday night's shocking incident as Omar J. Gonzalez, 42, of Copperas Cove, Texas.

THE ASSOCIATED PRESS

California drought

Central Valley wells running dry

Hundreds of domestic wells in California's drought-parched Central Valley farming region have run dry, leaving many residents to rely on donated bottles of drinking water to get by.

About 290 families in East Porterville have said their shallow wells are depleted. Officials say the rest of Tulare County has many more empty wells, but nobody has a precise count.

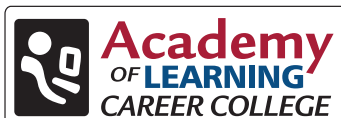
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Massive march ahead of summit

People's Climate March. Activists gather in NYC to draw attention to global warming

Tens of thousands of activists walked through Manhattan on Sunday, warning that climate change is destroying the Earth — in stride with demonstrators around the world who urged policy-makers to take quick action.

Starting along Central Park West, most came on foot, others with bicycles and walkers, and some even in wheelchairs. Many wore costumes and marched to drumbeats.

But their message was not entertaining:

"We're going to lose our planet in the next generation if things continue this way," said Bert Garskof, 81, as a family member pushed his wheelchair through Times Square.

He had first heard about global warming in 1967, "when no one was paying much attention," said Garskof, a native

New Yorker and professor of psychology at Connecticut's Quinnipiac University.

Organizers said more than 100,000 marched in New York, including actors Mark Ruffalo and Evangeline Lilly. They were joined in midtown Manhattan by United Nations Secretary-General Ban Ki-moon, former vice-president Al Gore and New York City Mayor Bill de Blasio.

On Tuesday, more than 120 world leaders will convene for the United Nations Climate Summit aimed at galvanizing political will for a new global climate treaty by the end of 2015.

"My sense is the energy you see on the streets, the numbers that have amassed here and in other cities around the world, show that something bigger is going on, and this UN summit will be one of the ones where we look back and say it was a difference maker," de Blasio said.

The New York march was one of a series of events held around the world to raise awareness about climate change.

THE ASSOCIATED PRESS



Demonstrators make their way down Sixth Avenue in New York during the People's Climate March on Sunday. Scan the photo with your Metro News app to see a gallery of images from the rally. JASON DECROW/THE ASSOCIATED PRESS

Reports

Pollution rising

Scientists estimate that the world spewed far more carbon pollution into the air last year than ever before.

That was mostly because

of increases from the three biggest polluters: China, the U.S. and India. The reports released Sunday by the International Global Carbon Project team come as world leaders meet at the UN to discuss reducing heat-trapping gases. THE ASSOCIATED PRESS

Reporting on the march

'A profound experience'

MILA PETKOVIC
mila.petkovic@metronews.ca

Beary-eyed, perspiring slightly and tummy rumbling, I came to as we pulled into the Big Apple at 6 a.m. after a 10-hour-plus bus ride from Toronto.

I stumbled down the steps and into the sunlight in front of Sts. Luke & Matthew church in Brooklyn. This would be our home for the next couple of days.

I was there to cover the People's Climate March as part of a media team making a documentary about the events surrounding the UN Climate Summit, to take place Sept. 23.

My in: Toronto350.org (one of the organizers of the rally committed to curbing climate change). My

company: Five busloads of concerned citizens totalling 280 individuals who would ultimately contribute to a march of more than 300,000 people (according to organizers) on the Sunday prior to the summit.

During the march, I interviewed people from all walks of life who came from far and wide to have their voices heard — a mom and her children from Philadelphia; two men from the Dominican Republic; indigenous women from Canada; NYPD cops; and a 93-year-old Second World War veteran from New York.

This was without a doubt the largest climate change march in U.S. history and the sheer volume of people overwhelmed me with emotion.

The kinship demonstrated amongst 300,000 everyday people and complete strangers created a profound experience that both transcended and powerfully addressed the issues we face.

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Will Nordstrom strike gold here?



HOW TO ROLL
Alison Griffiths
metronews.ca

Nordstrom has arrived in the frozen north, its Chinook Centre location having opened in Calgary last Friday. Hurrah! Finally, another place besides Holt Renfrew to buy \$100 pantyhose and \$200 T-shirts. I've been waiting a long time for a little more choice in my luxury shopping.

But here's a big question for investors: Will Nordstrom do a giant face-plant as Target did when it brought the big red ball to Canada?

Shortly after arriving in these climes last year, Target's share price climbed rapidly from \$58 to \$73 US, and then almost as quickly slid to \$55. The stock has pulled itself back to nearly \$64, though its relationship with Canadians is still on rocky ground. On average, analysts covering the company have a 12-month \$60 target on Target.

In contrast, Nordstrom has been one of the more successful retail stocks in

Taking stock

Retail stocks in 2014 (to end of August):

- **The best:** Barnes & Noble Inc., +49%
- **The worst:** Aeropostale Inc., -61%

the last two years, during a period of incredible volatility in this already highly volatile consumer discretionary sector.

Since Target's Canadian launch, Nordstrom has marched upward from \$51.50 to nearly \$70. (Granted, there have been some big dips along the way, but it wouldn't be retail without the roller-coaster.) Analysts are predicting that the company, which offers you a place to drink Chardonnay with your Jimmy Choo shoes, will make it to \$74.

Target's Canadian swoon is attributed to a supply chain screwup, over-aggressive expansion and a total misread of the Canadian consumer.

In contrast, Nordstrom's



Nordstrom recently opened its first store in Canada. THE ASSOCIATED PRESS FILE

success to date has been credited to strong and cautious management south of the border, which bodes well for the rollout of a mere handful of stores here (Ottawa and Vancouver are planned for 2015).

That's all true, but there's more.

Target in the U.S., especially for cross-border-shopping Canadians, was a destination. Shoppers loved the bright, friendly atmosphere and cheap clothes that were a tad sexier than the fare

offered by the likes of Walmart.

Now brutal competition from other discounters plus the explosion in e-shopping has weakened Target's uniqueness.

Nordstrom, on the other hand, still has destination written all over it. Shoppers are drawn to the experience. It's nice to be fawned over while you empty your wallet.

I might still buy those \$10 T-shirts at Target, but when it comes to stock, I'd incline to Nordstrom.

G20. Follow our lead, Canada's finance minister urges weaker economies

Different economic situations require different approaches to meeting the G20's economic targets, Canada's finance minister said Sunday as he urged Europeans to follow Canada's recession-busting model.

Though finance chiefs from the 20 largest economies said they will focus on infrastructure investment to help reach the goal of boosting world GDP by more than \$2 trillion over the next five years, that's not necessarily the direction Canada is heading, Joe Oliver said.

"The type of action that we can take is different than the type of action that some, but not all, European countries have to take," Oliver told reporters in a conference call from Sydney where he was leaving the G20 finance ministers' latest talks.

Oliver said the government's stimulus program from 2008 achieved its desired goals.

Now, Oliver said, econom-



Joe Oliver
THE CANADIAN PRESS

ic growth in Canada will come from increased labour mobility, lower taxes and trade — and he hinted that more will be revealed in the next federal budget.

By contrast, some European economies are still fighting an uphill battle, Oliver said.

"We need to provide flexibility for some countries to undertake the actions and some structural changes as well to get the growth going," he said.

"It should be done in the same way — a timely, targeted program which is temporary and where a credible plan to achieve a fiscal balance is set out and pursued when the need for a more stimulative program becomes less important."

THE CANADIAN PRESS

3D printer sent to astronauts in orbit for first time

A SpaceX cargo ship rocketed toward the International Space Station on Sunday, carrying the first 3D printer for astronauts in orbit.

In all, the unmanned Dragon capsule is delivering more than 2,270 kilo-

grams of space station supplies for NASA.

Dragon should reach the space station Tuesday. It's the fifth station shipment for the California-based SpaceX, one of two new commercial winners

in the race to start launching Americans again from home soil.

The space station was soaring over the South Pacific when the SpaceX Falcon 9 thundered into Florida's pre-dawn sky.

Sunday's weather was ideal for flying, unlike Saturday, when rain forced a delay. The rocket was visible for nearly three minutes as it sped out over the Atlantic, with the Orion constellation as a backdrop.

"What a beautiful morning it was," said Sam Scimemi, NASA's space station division director.

Sunday was a red-letter day for NASA in more ways than one.

Besides the flawless

launch, the space agency's Maven spacecraft was on the verge of reaching Mars. The robotic explorer was scheduled to go into orbit around Mars late Sunday night.

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PLATES WORTH GETTING WORKED UP OVER

The more the licence plate changes, the more it stays the same. Well, at least in Alberta.

In a move that's being applauded by seemingly everyone other than me, Premier Jim Prentice is scrapping the proposed changes to Alberta's licence plate, proudly posing for a picture holding up the beloved red and white marker with "Wild Rose Country" firmly emblazoned across the bottom and proclaiming it as "Alberta's new licence plate".

So no update, no modernization, no new graphics. I'll be the first guy to tell you that I didn't care for the proposed changes laid out by design firm 3M. In fact, no one did. However, does that mean the plate doesn't need to change at all?

For a province like Alberta, which can be ridiculed as allergic to change, the newest move by our brand new Premier seems to once again back up that notion that we don't



High Plains Drifter

Greg Callsen

calgary@metronews.ca

like new things here.

Wrong.

We just didn't like the new things proposed to us.

So how about we get a new licence plate anyway, but open it up to a contest that anyone can enter. From kids to professionals, you turn over your design, a committee short-lists it down to five choices and we vote. Sounds simple enough, doesn't it? That way everyone gets their say, the plate gets a facelift (to reflect the changing population of Alberta) and even the police will be happier with a plate that's easier to spot.

I shouldn't be so worked up over this. However, this entire debacle speaks to a larger issue we seem to have in our province. It seems like the only options we have for change are the old ways (the beloved Wild Rose Country edition) and the ways that are laid out by a small group

It's not just about the plates

This entire debacle speaks to a larger issue we seem to have in our province.

that privately lobbied the province (3M hired former Ralph Klein advisor Rod Love for the task). Why is it only one way or the other?

And maybe I'm reading too much into it, but the refusal of any movement on the licence plate file casts a weird light on our new premier. For a guy who seems intent to "right the wrongs" and "get the train back on the tracks," it feels like Jim Prentice is just taking a page from the glory days of the PC party.

Maybe they can at least change up the slogan to "Alberta: Where if you don't like what the government does, we just won't do anything."

Super troopers



Revellers dressed as stormtroopers of the Galactic Empire pause during a Star Wars parade in Madrid, Spain, over the weekend. ANDRES KUDACKI/THE ASSOCIATED PRESS

Thousands take part in Spanish Star Wars parade for charity

Thousands of revellers took part in a Star Wars parade for charity, over the weekend in Madrid.

Darth Vader, his guards and troops landed in Retiro Park to meet with all of the forces of

the empire.

Attendees were able to take photos with their favourite troops and engage in a friendly fight after the parade.

The event was part of a charity event for FEAPS Madrid, an organization that aims to promote the social inclusion of people with intellectual disabilities.

METRO

Who were the stormtroopers?

Stormtroopers are the elite soldiers of the Galactic Empire.

- These faceless enforcers of the New Order were considered an extension of the Emperor's will, and often used brutal tactics as a way to keep thousands of
- star systems throughout the galaxy in line.
- With few exceptions, they are distinguished from all other military units by their signature white armour.

STARWARS.WIKIA.COM

MetroTube

How rude!



ANDREW FIFIELD

andrew.fifield@metronews.ca

Supremely gifted athletes such as Maria Sharapova earn praise for their otherworldly focus in the sort of high-pressure situations that would crush lesser mortals like us. But perhaps it's time we give a little of that same love to musicians. Flutist Yuki Ota has certainly earned it, after advancing to the second round of an international competition despite this rude interruption from the loveliest of insects — lovely and rude. (Odensesymfoni/YouTube)



THE CANADIAN PRESS FILE

Twitter

@metropicks asked: A Canadian-led study into the "Jesus in Toast" phenomenon — why people see famous faces in objects — won a science prize for funny research. Which weird phenomenon would you like examined?

@Laurenkparsons: when you can't think of something and you walk through a doorway to remember.

@trifur: kinda looks like Bob Marley to me.

Join the conversation @metropicks

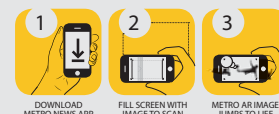


SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 10 in News, page 15 in Scene and page 22 in Sports.

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2. Hold your device over any image that has the AR logo near it. Wait for the green scan bar to read the image!
3. Voilà! You should see the AR in action.



Lady Gaga talks recovery from the 'pain of fame,' split with manager

Flying free. Working on album with Tony Bennett helped singer get her groove back

After hip surgery and parting ways with her longtime manager, Lady Gaga says things are looking up.

"I'm very centred now. I meditate a lot. I'm happy. I am more sober than I've ever been," said the singer. "It's a very happy time in my life."

Last year, Gaga parted ways with longtime manager Troy Carter, who helped the pop star achieve multi-platinum status, dominate the pop charts and win multiple Grammy Awards. She said she was overworked and that greed led to their split.

"Part of what was making my sort of artistic experience so unpleasant was that I felt that I was not able to truly freely fly as an artist," she said. "In some ways my talents were not being used to their full potential."

Gaga says part of her happier state of mind comes from working with Tony Bennett on the album *Cheek to Cheek*, out on Tuesday.

The 28-year-old is currently on an international tour that wraps Nov. 24 in Paris. Calling from Istanbul, she spoke about being unhappy, letting go of her manager and her under-selling ARTPOP album.

Did your disagreements with management affect the making of ARTPOP?

It certainly affected my mind during ARTPOP. I would have to say that whole situation had less to do with creativity differ-



Scan this photo with your Metro app to see a video of Lady Gaga and Tony Bennett singing *I Can't Give You Anything But Love*.
KARIM SAHIB/AP/GETTY IMAGES

ences and more to do with me really needing some time for myself to be creative.

My schedule was way too difficult. I was not able to keep up and my whole business became very focused on making as much money as possible as quickly as possible, which is really not where my heart is.

My integrity as a musician is so much more important to me than money ... While I was making ARTPOP, I was very tired. I'm actually very proud of ARTPOP. As much as it's had a lot of criticism, I think a lot of that had to do with where I am in my career, I've been on top for a long time. I think it's the

nature of this industry; we love to build them up to tear them down.

You sound like you're in a good place. Is that spilling over to the new music you're creating?

It is in the very super-early stages. I'm always writing music. I was up all the other night here in Istanbul writing and they had a lovely piano in my room and I was so excited, especially when I get to play a real stringed piano, not an electronic one; that always makes me happy. I've been writing some (songs) that I'm really sort of surprised at myself.

I have a lot of pain built over the past few years. It was very difficult being on the road for the *Born This Way* Ball without having a full, proper team around me. I was going through a lot of pain with my body that led to the hip surgery. I call it the pain of fame: Your life changes a lot and the people that are around you, they change too.

Money makes people crazy and they see your life change and all of the luxuries and the things that come with becoming a star and they think, "I've known her my whole life ... or I've been here this whole time, I deserve all of that, too."

U2 released its new album alongside Apple, and Jay Z and Beyoncé also released recent albums in unconventional ways. What do you think about that and do you think of innovative ways to release music when readying a project?

I think honestly what we need to be doing, and this is my opinion, is instead of trying to

find ways to trick the world into focusing on the album for a brief moment, I think that artists need to speak more about how media treats the artists and making the distinction between the celebrity and the artist, because everything is all in one pool now isn't it? We're all the same and there are some pretty terrible celebrities out there, let's be honest, right? People famous for no reason.

So, I think the more the media can help us to support the artist and support music in a way that's maybe less critical for journalists that are not as knowledgeable about music and help to just spread the music and see the music as gift to the world.

I really believe that once the press becomes more kind, I think a lot of the things in the universe are going to change.

It makes me scared when I hear that there's pro-ISIS (Islamic State of Iraq and al-Sham) rallies in America because I think that social media has created this sort of negative undertone in the universe. People feel that they can say or do anything; it makes them feel a sort of comfort when really it's just giving hatred a petri dish to fester.

I know that was sort of a random answer for a question about album marketing. I really believe it lies in the hearts in the people that are writing about the music. The more we honour and support the artist, the more the art will live on forever. Otherwise, it's going to continue to be what I think pop music is now, which is sort of this giant tabloid. It's become quite trashy, in my opinion. **THE ASSOCIATED PRESS**

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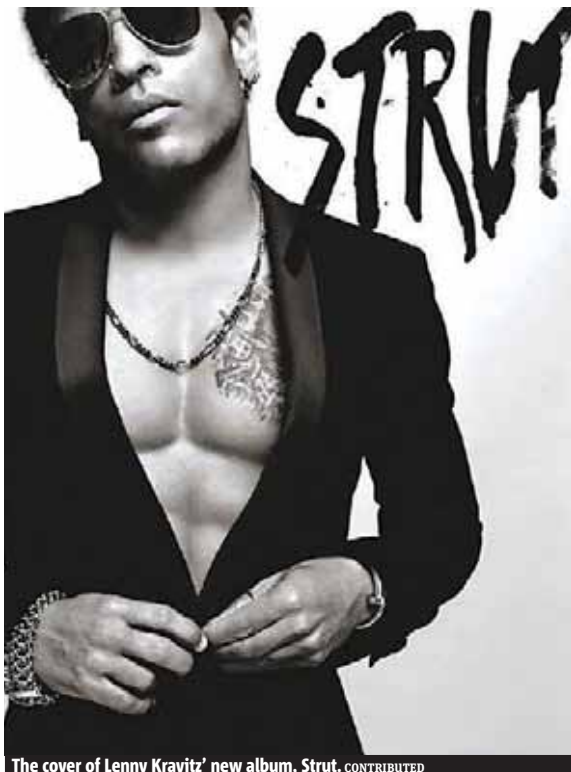
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Kravitz can still Strut it at 50



The cover of Lenny Kravitz' new album, *Strut*. CONTRIBUTED

Dynamics of love. Singer's new album bares the grit and glamour of relationships

At 50, Lenny Kravitz is an American in Paris.

Now, after turns designing shoes and acting in *The Hunger Games*, he's returned to music with a new album he says just poured out of him during shooting of the box-office smash.

Best known for the 1991 single *It Ain't Over 'til It's Over*, Kravitz says inspiration struck on set as he played Cinna, the stylist to Jennifer Lawrence's heroine.

"I wasn't even planning on making an album. I was just working on the film.

A little night music

"I wasn't even planning on making an album. I was just working on the film. In the night, just all this music."

Lenny Kravitz was struck by inspiration on the set of *The Hunger Games*

In the night, just all this music..." he told AFP in an interview in Paris.

Kravitz describes the album, entitled *Strut*, has grit and glamour, plus a lot of sensuality.

He appears on the cover in a black and white photograph, displaying a large tattoo on his bare chest, dressed in a dinner jacket and dark glasses.

He says the music itself is about love and relationships.

"All the different dynamics that you would have from lust to sex to heartbreak to desperation to devotion to misunderstood love," he said.

Kravitz has been living in Paris on and off for nine years and his last video was set in the city.

"I think it's a pretty sexy city, esthetically it's gorgeous

— the architecture, the design ... it's very inspiring..." he said.

After nearly a decade, Kravitz is very much at home in France. In 2011 he was awarded France's highest cultural honour: the Order of Arts and Letters.

Writing his 10th album, which is due to be released on Tuesday, the songs came very naturally.

"Every time I make an album, it's always different. This album just happened like this!" he said.

The last song on the album is a cover, something Kravitz says he rarely does.

But an unexpected blast of the 1965 hit single by The Miracles, *Ooo Baby Baby*, left him marvelling.

"I hadn't heard it for a long time (and) it sounded so beautiful," he said.

And on reaching his half-century, he is philosophical.

"The number doesn't really mean anything. I feel great. I've never felt better than I do now ... physically, mentally and spiritually," he said. **AFP**

Ebooks



Maze Runner: Movie Edition

By. James Dashner

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MIND THE APP

Kris Abel
@RealKrisAbel
scene@metronews.ca

The book is a dark, sinister tale of boys trapped within an ultra-violent experiment to test their survival. The movie is a strangely sporty, feel-good adaptation. Loaded with video clips, photos, and featurettes, this enhanced edition makes for a useful comparison. With its honest portrayal of youthful despair, the book better serves its dark themes.

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop Goes the Week

Matt Damon is ready to be Bourne again



STARGAZING
Malene Arpe
scene@metronews.ca

This Week in Reboots: 1) I Know What You Did Last Summer is getting a redo. 2) Matt Damon may finally reprise his Jason Bourne role. 3) Casting begins for the sort-of sequel to Richard Linklater's Dazed and Confused. 4) King Kong is getting yet another wake-up call for Skull Island. 5) Richard Lugner, an 81-year-old Austrian construction mogul, marries 24-year-old Playboy model Cathy Schmitz. After berating a wheel-



chair user for not standing up at his concert, Kanye West says the media should stop "demonizing" him as he's a "married, Christian

man with a family." He went on to explain that, as an avid fan of the Ming Dynasty, he's upset over the price of vegetables and will start sleeping in on the weekend.

This Week in Pop Tarts: 1) Selena Gomez got bangs. 2) Demi Lovato says a fan farted on her. 2) Ariana Grande reportedly said she wishes her fans would just die.

Martha Stewart says of Gwyneth Paltrow and GOOP, "She just needs to be quiet. She's a movie star. If she were confident in her acting, she wouldn't be trying to be Martha Stewart." Martha Stewart has now officially reached the age known as "Watch me expertly fold this linen napkin into a flock of swans while not giving one silent, ladylike burb what you think."



Ben Affleck

Ben's a gambling man who likes to count cards

That story about Ben Affleck getting kicked out of a Las Vegas casino for counting cards at blackjack? "That is a true story," he confirms to Details magazine. "I knew with blackjack that there's a way you can improve your odds, and so I started trying to learn. And then I just got to a point in my life where I'm like, 'If I'm going to do something, I'm going to try and do it really

well.' It was sort of presented like I did something illegal. You know what I mean?" We do, Ben. We do. The new Bruce Wayne thinks the whole system is messed up, man. "Once I became decent, the casinos asked me not to play blackjack. I mean, the fact that being good at the game is against the rules at the casinos should tell you something about casinos," he says.

No more scooting the kids to school, Paltrow

Sorry, kids. No more Roman Holiday-themed trips to school for you. Gwyneth Paltrow has reportedly been told by school officials that she can no longer drop off and pick up kids Apple, 10, and Moses, 8, on her Vespa scooter, according to Page Six. "The scooters had been convenient for zipping around Los Angeles traffic, and dropping the kids off at school without having to wait with other parents and kids in the carpool line," a source says. "After Gwyneth was photographed on the Vespa pulling out in front of a bus (last year), school chiefs reprimanded her and said they'd rather she and Chris (Martin) didn't bring the kids to school on scooters." A rep for Paltrow says the story is made up and it's just a coincidence that Paltrow's kids now take the bus to school.

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The Power to Surprise



Raising kids is expensive, so set their priorities early

Baby steps. A child-specific budget will help control and balance their costs with family's needs



GAIL VAZ-OXLADE
Gail blogs daily at
gailvazoxlade.com

Kids are expensive. Never mind what some people are prepared to spend to get them here — getting them “independent” can cost a small fortune.

You may need a bigger car. You may need a bigger home. And then there are all the costs of keeping your mini-me fed and clothed, dental bills, school supplies, hockey, ballet, soccer, karate — the list can seem endless.

The first year of a child's life is often pretty expensive. Not surprising, when you think of all the gear we have to get to bring baby home. And the cost of diapers!

It also comes as no surprise that costs go up when kids hit their teenage years.

So how do you get your kids to self-sufficiency without going broke? You make a budget.

Although many of the hard costs (food, the roof over their heads, transportation) fall naturally into your budget,



Parents sacrifice a lot for their children, but making the right choices early can help keep everyone happy. ISTOCK

there are costs that are uniquely associated with the kids. One kid is happy to live in jeans and T-shirts, while another won't wear anything but American Eagle. If Junior is a sports maniac, there are league fees, equipment costs and transportation costs. Never mind all the eating out on the road.

The trick to not letting kids' expenses get way out of hand is to allocate a specific amount to each child's activities and needs, and stick with the plan.

Start by listing all the

things your children do. Their needs won't be the same, and spending equally on them won't be more fair. Giving them what they need, when they need it, is the goal. Over time, as their needs shift, so should the way you allocate the money. And, over time, it should all come out even.

Some parents struggle with meeting their kids' needs while staying afloat financially. If you're a single parent or your family is living on one income, make sure you're claiming the eligible dependent amount on your tax return.

There are lots of other expenses that may be claimed on your tax return to mitigate your costs. Paying for a babysitter? Sending your kid to camp? Claim child-care expenses on the lower net income to get the biggest benefit. Get and keep your receipts to make your claim stick if it's challenged.

And don't forget about the child fitness amount of up to \$500 per year per child 16 and under, for everything from soccer to gymnastics.

Your kids' budget should include a regular amount set

aside for educational savings. If you start early, you don't have to set aside a lot, and each dollar you put into an RESP can help your child earn up to \$500 a year in free grant money.

When shopping for an RESP, make sure you stick with an individual or family plan offered by most financial institutions. Steer clear of the group plans or “scholarship trusts,” which have come under fire for being both expensive and inflexible.

Kids cost money, no question. We sacrificed fancy furniture and vacations in the early years. And my entertainment was sitting and watching my kids as they learned about the world. Those were some of my happiest years. We had a ball.

I shopped garage sales and second-hand stores, shared what I had with friends, and chose one activity at a time for my kids so they weren't overwhelmed and I didn't go broke.

It's all about the choices we make and about figuring out what's most important so we can prioritize those choices.

Kids don't arrive in designer labels, and they don't much care about stuff until someone teaches them to be concerned about what other people think.

Dodge that bullet and you can save yourself a fortune.

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Partying too much? Your phone knows

Mental health app. StudentLife app tracks behaviour patterns such as sleeping, eating and socializing

The first smartphone app that automatically provides indicators of mental health status has been created by researchers at Dartmouth University in New Hampshire.

The first version is oriented towards students, but is applicable to all populations, with an eye to reducing stress and increasing productivity and quality of life.

The StudentLife app tracks

mental health status via smartphone sensors. For the first test, a group of 48 students used the app to monitor their phone sensors, such as accelerometer, microphone, light sensor and GPS. The readings were used to interpret students' mental health based on factors such as stress, time spent socializing and physical activity.

The app was able to measure many behaviours automatically, including conversations in number and duration, sleep duration, walking, sitting, running, standing and the location on campus, discerning automatically between the gym, the cafeteria, parties and class. It could even detect eating habits.

The researchers compared

the results to traditional mental health evaluations of the test group and concluded the app's assessments were accurate.

The prototype version provided neither feedback nor interventions, but the idea is for individuals to be able to track their mental health and manage their stress before it wears on them enough to require doctors' visits.

“We purposely provided students with no feedback in this first study because we didn't want to use StudentLife as a behavioral change tool,” says computer science Prof. Andrew Campbell, the study's senior author. “Providing feedback and intervention is the next step.” **AFP**



A smartphone app is being developed to automatically track your behaviour and alert you if it senses undue stress or threats to your mental health. **AFP**

Balance spice and sweetness

Arugula Lentil Sweet Potato Salad. This dish is full of antioxidants, protein and fibre



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Here's a vegetarian delight using one of the most nutritious greens: arugula.

This veggie is full of antioxidants that are known to fight free radicals to reduce

Nutritional information

Per serving: 248 calories; 38.3 g carbohydrates; 6.6 g fibre; 8.4 g protein; 11.7 g total fat; 3.6 g saturated fat; 19.3 mg cholesterol; 172 mg sodium

the risk of cancer.

The protein and fibre in this salad come from the lentils, which are known to lower cholesterol, prevent heart disease and stabilize blood sugars to prevent Type 2 diabetes.

Sweet potatoes are more nutritious than white pota-



TOTAL TIME
ABOUT 20 MINUTES

This recipe serves six. ROSE REISMAN

Ingredients

- 2 cups peeled, diced sweet potato
- 8 cups arugula or spinach
- 1/2 cup black or green cooked lentils (freshly cooked or canned)
- 1/3 cup dried cranberries
- 1/2 cup sliced red onion
- 1/3 cup crumbled goat cheese

Maple Dressing

- 1 tsp minced garlic
- 1/2 tsp Dijon mustard
- 1 tbsp cider vinegar
- 2 1/2 tbsp maple syrup
- 3 tbsp olive oil
- 2 tsp lemon juice
- pinch of salt and pepper

atoes, with more fibre and antioxidant. They are also a lower glycemic vegetable than the white potato.

Sweet potatoes' natural sweetness goes well with spicy arugula.

Directions

1. Preheat the oven to 450 F. Spray a baking sheet with vegetable oil. Bake the sweet potatoes for 10 minutes or just until they are tender. Cool.

2. In serving bowl add arugula, lentils, cranberries, onion, goat cheese and sweet potatoes. Combine all of the ingredients for dressing, pour over salad and mix well.

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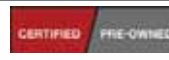


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Why leaning in is not for Zosia Mamet

Girls gone happy.

The actress, musician and columnist talks about pursuing passion and joins forces with Glamour to empower women to make a mark

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Metro in New York City

Zosia Mamet is living proof that even if you don't think you can get a job you're going for, you should still try.

Along with her three co-stars, Mamet burst onto the scene two years ago with the premiere of the hit HBO show *Girls*. But many fans may be surprised to learn that after auditioning, Mamet was convinced that she would never get the role of Shoshanna.

"I was very ill. I had pneumonia," the 26-year-old Mamet recalls of the tape she sent in to the show's casting director. "I had no makeup on and I made it in a barn in upstate New York. I did one take because I was so sick, so I thought my chances were slim, but I was wonderfully surprised."

We recently caught up with Mamet to get her personal definition of success and to find out why she says she's not going to lean in.

How do you define a woman who is making her mark?

I think it's anybody who is contributing in a strong way to the world, or to their community or to their profession or their creative endeavour. There are many, many vast ways to make your mark. That's what (the



Perhaps best known for playing Shoshanna Shapiro on the HBO original series *Girls*, Mamet has also appeared in *Mad Men*, *United States of Tara* and *Parenthood*. GETTY IMAGES

Skylla Make Your Mark contest is trying to do): To inspire and engender amongst women the idea that you

can make your mark in so many ways. And you should feel good about whatever way that is.

You once wrote a *Glamour* column about the Lean In movement and how that's not for you. Can you talk

Making her own mark

It's been a busy couple of months for Mamet.

- In addition to working on *Girls* and her next album, she's also been writing a regular column for *Glamour* magazine.
- Mamet and the magazine recently teamed up with Bayer HealthCare to launch the Skylla Make Your Mark contest, which seeks to promote young women from all walks of life who are making an impact in their fields.

more about that?

I rewatched *Baby Boom*, that Nancy Meyers movie. I've been a fan of the film since I was a wee tot, but I hadn't watched it in a few years as being sort of as an older human. And seeing this character who chose something other than the path that everyone thought she should choose, and how it actually ended up making her happier than she was.

I feel like often women are knocked for making choices that make them happier because they are not necessarily grand choices, and I think that is how feminism has become bastardized.

Choosing pleasure over the power suit

"I feel like often women are knocked for making choices that make them happier because they are not necessarily grand choices, and I think that is how feminism has become bastardized." Zosia Mamet

I felt very much in the same that you are making your mark as a woman no matter what you do — whether you are a CEO or a mother. But it's just the specific way that you're doing it, and if you're doing it with passion and confidence, then that's the most important.

I also heard that once when you were a little kid, you heard a bunch of grown-ups talk about work and you became really sad about that.

I used to sneak into my parents' dinner parties and there was this common theme where people would start bitching near the end of the dinner party because they had to go home because they had to get up for work.

They would bitch about work and how they hated their jobs, and I didn't understand as a kid.

You're given this blank slate; why would you choose to do something that makes you unhappy? If you want to be a painter, be a painter. If you want to be a doctor, go be a doctor, you know?

And of course being an adult now I realize that sometimes there are things that keep you from your passion. I was just so saddened by it. To me, you should do something you love and are passionate about.

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In Regina

Sunseri booed, applauded in rally over Ottawa

Tino Sunseri turned the boos he heard at halftime into a standing ovation at the end of the game.

In just his second start in the CFL, the second-year quarterback rallied the Saskatchewan Roughriders to a thrilling 35-32 victory in overtime over the Ottawa Redblacks at a sold-out Mosaic Stadium on Sunday.

Sunseri engineered a last-minute touchdown drive that tied the game at 32-32 and then set up the winning field goal by Chris Milo in overtime.

Milo's game-winning kick in overtime was a 22-yard boot. **THE CANADIAN PRESS**

Split-squad games

Oilers, Flames begin pre-season at one win each

TJ Brodie scored the only goal as the Calgary Flames opened up the pre-season Sunday night with a 1-0 split-squad victory over the Edmonton Oilers in Calgary.

At the same time in Edmonton, Justin Schultz had a goal and an assist as the remainder of the Oilers' roster claimed a 3-1 victory at home over the rival Calgary Flames.

Marco Roy and Ryan Nugent-Hopkins also scored for the Oilers, while Curtis Glencross responded for Calgary.

On Wednesday, the Oilers face the Jets in Winnipeg and the Flames host the Arizona Coyotes in Sylvan Lake, Alta.

THE CANADIAN PRESS

Alouettes find their mojo against Calgary

Dominating. Injury-depleted Stamps could not hold Montreal's possible best show of the season so far

With stars of the past like Ben Cahoon and Uzooma Okeke in the house, the Montreal Alouettes looked a little like the CFL East powerhouse they used to be.

Jonathan Crompton, who is starting to find his range at quarterback, threw touchdown passes to James Rodgers and Duran Carter as the Alouettes ended the injury-depleted Calgary Stampeders' six-game winning run with a 31-15 victory in the Hall of Fame game on Sunday.

The victory allowed Montreal (4-8) to keep pace with Hamilton and Toronto atop the woeful CFL East Division with four wins.

"The race is tight, but we have to focus on ourselves," said Crompton, now 3-1 as a starter, including 3-0 at home, since taking over from injured Troy Smith. "We control our own destiny."

Crompton completed 20 of 28 passes for 220 yards and two TDs, and wasn't intercepted. It was perhaps Montreal's best game of the season. They had no turnovers, took only five penalties and dominated time of possession at 36:54.

"It comes with game experience," Carter said of Crompton. "Working with us, throwing with us, and getting in a groove. We didn't



Montreal Alouettes' quarterback Tanner Marsh celebrates with teammates Jean-Christophe Beaulieu, left, Jeff Perrett and Ryan Bomben after scoring a touchdown in Montreal, Sunday. GRAHAM HUGHES/THE CANADIAN PRESS

Week 13

15

Stampeders

31

Alouettes

have a whole training camp to work with him. Now, we're just scratching the surface on what we can do.

"We feel we're a good team and our record doesn't show it. It's our first time

playing a complete football game. We've got a lot of talent. And when we play a good game, this is what happens."

Backup quarterback Tanner Marsh also ran in a TD and Sean Whyte booted three field goals.

Drew Tate, starting for the injured Bo Levi Mitchell, ran in a pair of TDs for Calgary (10-2).

Calgary was also without star running back Jon Cornish, top receiver Marquay McDaniel and rush end Charleston Hughes. All four were hurt in a comeback win

last week over Toronto.

The Stamps erased a 15-1 Montreal lead to tie the game early in the second half, but the offence stalled and then coughed up turnovers on three consecutive possessions in the fourth quarter. Tate went 15-for-30 for 152 yards and was picked off once.

"Drew was like the rest of the team, he needs to play better," said Stampeders coach John Hufnagel. "I'm not pinning anything on Drew, but on offence, we needed to do a lot of things better."

THE CANADIAN PRESS

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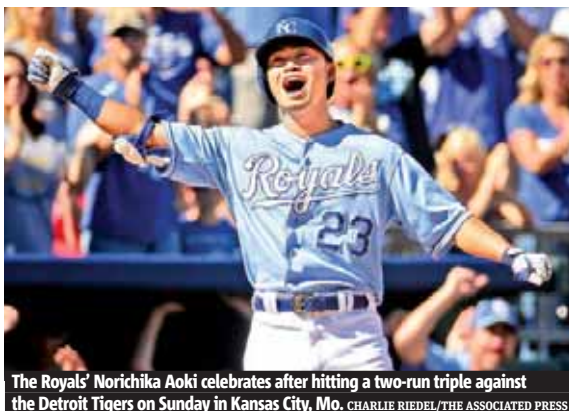


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The Royals' Norichika Aoki celebrates after hitting a two-run triple against the Detroit Tigers on Sunday in Kansas City, Mo. CHARLIE RIEDEL/THE ASSOCIATED PRESS

MLB. Tigers far from home-free after 3-3 trip

Detroit is in prime position to win its fourth consecutive AL Central title. So while a sweep in Kansas City would have been nice, Tigers manager Brad Ausmus was feeling pretty good as he headed home for the last part of the regular season.

Rick Porcello was knocked out in the fourth inning, and the Tigers went on to a 5-2 loss to the Royals on Sunday.

Kansas City pulled within 1-1/2 games of Detroit for the top spot in the division. The Royals, looking for their first playoff appearance since they won the World Series in 1985, also stayed in position for a wild card.

Kansas wait nearly over

Kansas City pulled within 1-1/2 games of Detroit for the top spot in the division. The Royals, looking for their first playoff appearance since they won the World Series in 1985, also stayed in position for a wild card.

tom teams in the division. The Tigers are 3-4 at home against the White Sox, and 3-3 against the Twins.

"Sometimes it's not who you are facing, it's when you are facing them," Ausmus said. "And a lot of times it's a particular team matching up well. There's not always an answer to something like that. It's just baseball."

"I'm not comfortable. We can't take either of these teams lightly." THE ASSOCIATED PRESS

Hopes fading

Jays drift farther out of playoff race

Masahiro Tanaka made a triumphant return from an elbow injury that sidelined

him for 2-1/2 months and a rejuvenated Derek Jeter got yet another big hit on his final homestand, leading the New York Yankees over the Toronto Blue Jays 5-2 on Sunday.

THE ASSOCIATED PRESS

Seahawks handle Broncos' late push

Super Bowl rematch.

Manning's heroics come up short as Wilson puts game away on first possession of overtime

Once Peyton Manning had completed a frantic fourth-quarter rally to force overtime, Russell Wilson could admit to being a little selfish.

Wilson wanted the spotlight himself—to put together one final drive, keeping Manning sitting on the sideline as a spectator and making sure the Super Bowl rematch went in favour of the champions.

"I can't wait for those moments, those big-time moments and have guys to continue to believe in what we do," Wilson said. "That was a great experience tonight."

Wilson kept Manning and the Denver Broncos from seeing the ball in overtime. He led Seattle on an 80-yard drive on the first possession of the extra session, capped by Marshawn Lynch's six-yard touchdown run for a 26-20 victory over the Broncos on Sunday.

The Super Bowl rematch lived up to the billing of what everyone expected in February and never transpired. The 43-8 blowout by Seattle (2-1) was replaced this time by Denver (2-1) rallying from a 17-3 fourth-quarter deficit to force overtime by going 80 yards against the best defence in the NFL in the final minute of regulation.

And then Wilson upstaged



Seahawks running back Marshawn Lynch dives over the Broncos' Aqib Talib and into the end zone for the game-winning touchdown in overtime on Sunday in Seattle. Scan the image with the Metro News app for more NFL results from Sunday. JEFF GROSS/GETTY IMAGES

On Sunday

26

Seahawks

20

Broncos

Manning. After nearly getting sacked for a safety and throwing an interception in the fourth quarter, Wilson was brilliant in overtime rushing for 21 yards and completing

four of six passes.

Lynch went the final six yards for the win.

"I don't think anyone ever doubts Russell. He's just too good," Seattle tight end Zach Miller said. "If you think he's struggling at all, you know he's going to make plays like he did with his feet. He was so huge there in that second half and overtime. You always trust in him."

After being hesitant to run in regulation, Wilson scrambled for first downs in overtime. His seven-yard pass

to Percy Harvin was the precursor to Lynch's TD run and a collective exhale after Manning's dramatics in the fourth quarter.

Wilson finished 24 of 34 for 258 yards and touchdown passes of 39 yards to Ricardo Locke and five yards to Lynch, both late in the first half. Wilson rushed for 40 yards, most coming in overtime, while Lynch added 88 yards rushing.

"That really was a championship game today," Seattle coach Pete Carroll said.

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AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

If you believe from start that something will go wrong, you increase the chances of failure ten-fold. Whatever you are involved with this week, keep telling yourself that you know it is going to succeed.

♉ Taurus

April 21 - May 21

Be careful you don't offend people by making a joke about things they take very seriously. The world would be a better place if everyone could laugh at misfortune but it won't happen.

♊ Gemini

May 22 - June 21

Don't worry about money or problems because the Sun's change of signs tomorrow means you will soon have more enjoyable issues to focus on.

♋ Cancer

June 22 - July 23

You are torn between doing something you enjoy but which won't bring financial success, and doing something you don't enjoy that could be profitable. Be true to your instincts.

♌ Leo

July 24 - Aug. 23

You may fear losing something you are attached to but if it's got to go it's got to go and there is nothing you can do about it.

♍ Virgo

Aug. 24 - Sept. 23

Before starting anything new over the next few days remember your head will have to live with the consequences of what your heart decides.

♎ Libra

Sept. 24 - Oct. 23

Is it in your interests to follow a certain course of action? Your mind may be confused today but tomorrow, when the Sun moves into your birth sign, all will be clear, so leave it for now.

♏ Scorpio

Oct. 24 - Nov. 22

It doesn't matter how much you own or how much you earn. If you are happy with your lot, you don't need a lot. Bear that in mind over the next few days.

♐ Sagittarius

Nov. 23 - Dec. 21

A window of opportunity is about to close and if you don't take advantage of it right now it may be shut forever. There will be other opportunities but why waste this one when it seems tailor-made for you?

♑ Capricorn

Dec. 22 - Jan. 20

What happens over the next few days will have a big impact on your career. For that reason alone you must do the best work you possibly can.

♒ Aquarius

Jan. 21 - Feb. 19

A difficult time of year is drawing to a close and when the Sun moves in your favour tomorrow it will feel as if a load has been lifted from your back.

♓ Pisces

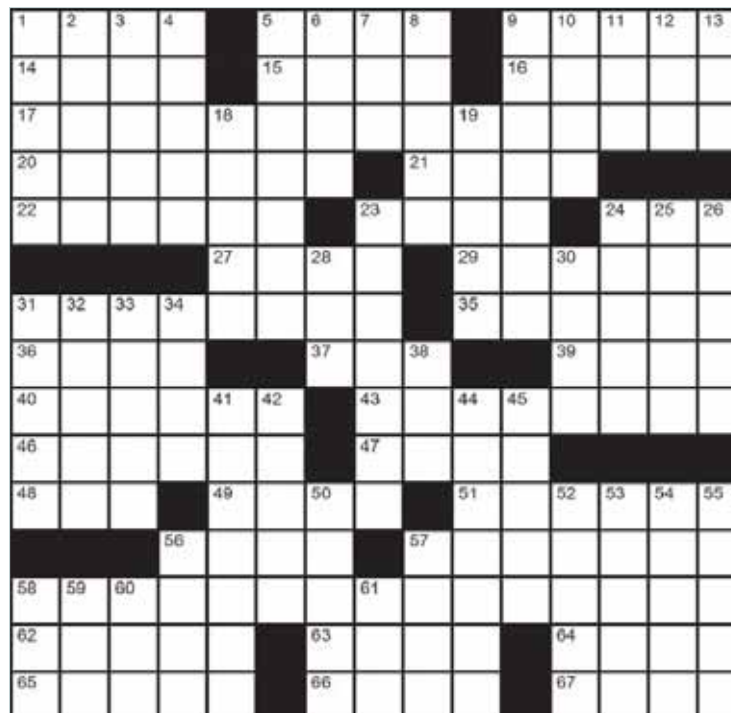
Feb. 20 - March 20

An issue you had forgotten about will return to annoy you today and this time you have got to deal with it effectively. Show people you can be firm.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Inactivity
5. Spring
9. Copper, for one
14. Wing-like
15. "___ la Douce" (1963)
16. Not late/Not on time either
17. At Ease! It's not compulsory in Canada: 2 wds.
20. ___ Music Prize, Canadian album honour
21. Yes
22. Writing implement
23. Prefix to 'scope'
24. Initials-sharers of Eddie Cibrian's ex-wife
27. Mozart opera, ___ Fan Tutte
29. Canada's capital
31. ___ sweater
35. Remained
36. Scent, variantly
37. "Gangnam Style" guy
39. Bobby Brown song
40. Rocker's amp effect
43. Edmonton... Art Gallery of Alberta's current exhibition, ___-Lautrec and La Vie Moderne: Paris 1880-1910
46. "Buffy the Vampire ___"
47. English river
48. Iowa's capital, ___



Down

2. George ___, Silas Marner author
3. Oscar-winner Ms. Field
4. Lawyer's time to shine
5. Corporate go-between
6. Goes astray
7. Ms. Grant of music
8. Not in
9. British Columbia city
10. Roof's overhang
11. Three
12. Vodka, e.g.
13. Caustic solution
18. Load transporter
19. Across-the-Pond moneys
23. Road trip break: 2 wds.
24. CCR's "Born on the ___"
25. Ms. Stefani's
26. "Sexy ___" by The Beatles
28. Lightly take a drink
30. Edible root
31. Appetizer, ___ 'oeuvre
32. "Set Fire to the Rain" singer
33. Some stars
34. Squirrel's nest
38. Not me
41. Akin
42. Canadian channel
44. Payment for a service or facility: 2 wds.
45. 'The fire', in French: 2 wds.
50. Length unit
52. Lethal
53. Music piece
54. Casual pants, e.g.
55. Lock of hair
56. Canadian singer Ms. Sweetnam
57. Hibernia human
58. Dearest pal, texting-style
59. Homer's dad on "The Simpsons"
60. This, in Montreal
61. Very 'in' right now

Friday's Crossword



Online

See today's answers at metronews.ca/answers



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



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